

# Care Support Worker for Regulated Care in Coventry & Rugby



#### JOB DESCRIPTION

Job Title: Care Support Worker

**Salary:** £9.20 Per Hour to £9.80 Per Hour

**Hours:** Flexible

**Accountability:** To the Registered Care Manager

**Contract:** Permanent

**Location:** Coventry or Rugby

### Main aims of the post

- To provide support to carers and people with care needs including emotional support.
- To provide personal care.
- To carry out domestic tasks.

#### **Duties to include**

- To assist with personal hygiene, for example helping the person with care needs to have a bath or shower, to go to the toilet or to care for their skin or hair.
- To assist with dressing / undressing, choice of clothes and personal appearance.
- To support the person with care needs with their medication.
- To assist with mobility including use of wheelchairs, hoists etc
- To assist with a therapeutic programme designed by a medical professional.
- To provide emotional support, companionship and a safe environment for those in need of supervision and help.
- To carry out basic first aid and summon emergency services.
- To report any concerns about abuse or the welfare or safety of any adult or child there is contact with at work to a line manager / nominated person / person on call.
- To undertake specialised tasks as agreed and after appropriate training, for example, administration of medication by specialised techniques, toe nail care and assistance with oxygen therapy.
- To support the person with care needs with activities outside their home, for example community activities, shopping or attending medical appointments.
- To provide support with organised group activities for people with care needs.

- To prepare meals and drinks and provide assistance with eating / drinking.
- To help clean the home for example: washing up, vacuuming, cleaning the bathroom and doing laundry.
- To look after pets.

# **Health and safety**

- To implement, operate and maintain safe systems of work in accordance with Crossroads Care policies, procedures and guidance, training and associated risk assessments.
- To report to your manager any situations or issues for concern relating to significant foreseeable risks, incidents (including near misses) and / or accidents which give cause for concern in relation to safe systems of work (affecting your own health and safety or that of others affected by your work activities).

#### General

- To be committed to safeguarding and promoting the welfare of vulnerable adults and children.
- To work at all times within the philosophy and policies of Crossroads Care.
- To comply with the Health & Safety at Work Act 1974 and with Crossroads Care policy, paying particular attention to the reporting of dangerous situations.
- To respect the personal choice and lifestyles of colleagues, carers, and people with care needs, ensuring that Equal Opportunity principles are applied at all times.
- To comply with the Code of Conduct.
- To undertake any other duties that may be considered commensurate with the level of the post and that are set out in the care plan.

#### In return we offer

- Pension contribution
- Four Weeks plus Bank Holidays
- Ongoing training
- A role that offers further career opportunities and qualifications
- Mobile phone

# Our Vision & Values



# Our Vision

Carers Trust Heart of England's aim is to support carers and those they care for by providing high quality, individually tailored care support service that improves the lives of carers, the people they care for and their families supporting carers to live their life well.

# **Our Behaviours & Values**

The Trustees and staff of Carers Trust Heart of England recently came together to collectively develop and agree a series of values and behaviour that each member of staff would adhere to.

These values and behaviours can be seen below:

Core Values	Behaviours
Carer focused	<ul> <li>We actively listen to carers and involve them in the development of our services</li> <li>We always keep carers informed and champion their views</li> <li>We ensure our services are developed to meet carers needs</li> </ul>
One team	<ul> <li>We gladly share our time and skills for the benefit of the whole organisation</li> <li>We look after others and appreciate the support they give us</li> <li>We promote a positive / happy working environment</li> </ul>
Flexible and adaptable to change	<ul> <li>We work flexibly to meet the demands of the service</li> <li>We constructively implement new ideas</li> <li>We embrace change and support others to look to the future</li> </ul>
Motivated	<ul> <li>We value / recognise ourselves and others</li> <li>We empower ourselves and others to be innovative and embrace new ideas</li> <li>We listen to others and strive to turn negatives into positives</li> </ul>
Quality driven	<ul> <li>We do everything to the best of our ability</li> <li>We embrace learning and development</li> <li>We continually strive towards delivering an excellent service</li> </ul>

# **PERSON SPECIFICATION**

Essential	Desirable
<ul> <li>Knowledge</li> <li>Understanding the importance of confidentiality</li> </ul>	<ul> <li>Understanding the needs of the service users</li> </ul>
Experience	<ul> <li>Experience of providing care.</li> <li>Experience of working with vulnerable adults and / or children</li> </ul>
Skills and abilities	
<ul> <li>Able to develop good working relationships with carers and people with care needs while maintaining appropriate personal boundaries.</li> <li>Able to work independently and take initiative while working within Crossroads Care polices, procedures, guidance.</li> <li>Able to demonstrate a caring and compassionate nature.</li> <li>Able to demonstrate good verbal and written communication skills.</li> </ul>	
Other	
<ul> <li>To be committed to safeguarding and promoting the welfare of vulnerable adults and children.</li> <li>Able to work in the area covered in a time and cost effective manner. Drivers will only be permitted to carry service users if they have held a driving licence for at least one year and have no more than six points on their licence.</li> <li>Applicants must be willing to undergo screening appropriate to the post, including checks with past employers and the</li> </ul>	
Disclosure and Barring Service.	

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