

Job Description

Job Title:	Physiotherapist	Job Number:	
Service:	Therapy and Equipment Service	Grade:	7
Location:	Citywide		

This Authority is committed to safeguarding and promoting the welfare of vulnerable adults and expects all staff and volunteers to share this commitment. To work closely with service users and other professionals to provide assessment and service provision to professionally accepted standards across therapy service area.

Job Purpose:

To work alongside Service users with wide range of disabilities including, physical, learning and cognitive disabilities, providing a planned programme of therapeutic intervention to maximise functional ability, thus enabling the person to achieve optimum control of their lives, reduce dependency and increase function and independence.

To provide physiotherapy assessment, treatment and review of service users who have been discharged from hospital to an enablement bed or to their own home with a short-term package of care. Service users have a wide variety of conditions such as neurological, orthopaedic, musculoskeletal, respiratory, general frailty, and falls.

To be responsible for providing physiotherapy advice and guidance to staff, service users, formal and informal carers.

To assess and implement physiotherapy interventions, review and develop treatment plans with an enablement focus.

To work alongside Occupational therapy staff and give direction to maximise independence and carry-out treatment programmes as determined by the physiotherapist.

Develop comprehensive home programmes to allow the service user to practice skills outside of the therapy sessions.

Demonstrate highly developed knowledge and skills in the use and application of relevant equipment (e.g moving and handling equipment) and where appropriate enable others to use safely and confidently.

To participate in project work as required, e.g., providing data for inclusion in Service reports / updates.

Main Duties and Responsibilities:

The post holder has a duty to:

- 1. Be responsible and accountable for undertaking the duties and responsibilities of the post with due regard to the City Council's Equal Opportunities Policy.
- 2. Maintain specialist knowledge of rehabilitation and general knowledge of adult conditions and multi-pathology.
- 3. Undertake a comprehensive assessment of Service users referred to the service.
- 4. Interpret and analyse clinical and non-clinical data to form accurate picture of the Service user's functional ability and potential to improve their function.
- 5. Set agreed goals and devise comprehensive intervention plans, using clinical reasoning and utilising evidence-based practice to deliver enablement programmes; using a strength-based approach to promote the individual's independence within their home environment.
- 6. Guide and monitor therapy staff in the delivery of intervention and enablement plans.
- 7. Undertake specialist manual handling risk assessments, advising staff, Service users and carers on techniques, equipment and methods of reducing risk.
- 8. Assess and provide training / instruction to Service users and their carers to enable them to achieve maximum functional independence.
- 9. Ensure good communication with Service users and carers, demonstrating sensitivity in dealing with difficult diagnoses and prognoses.
- 10. Accept responsibility for a designated caseload of Service users and to organise this effectively and efficiently, regarding clinical priorities, service priorities and available resources.
- 11. Manage and co-ordinate assessment processes and assessments, ensuring adherence to standards set by governing bodies (ie the Chartered Society of Physiotherapists [CSP] and HCPC.
- 12. Regularly review progress of Service users and amend goals as appropriate.
- 13. Be professionally and legally responsible and accountable for all aspects of your workload, including the management of Service users within your care.
- 14. Use the computerised database to maintain accurate and up to date records of Service users' assessments, treatment and discharge in accordance with data protection (GDPR) and departmental standards.
- 15. Be responsible for maintaining your competency to practice through Continual Professional Development (CPD) activities and maintain a portfolio that reflects personal development.
- 16. Any other duties and responsibilities within the range of the salary grade.

Responsible for: Occupational Therapy Assistants

Responsible to: Occupational Therapy Team Leads

Date Reviewed: June 2020

Updated: June 2020



Person Specification

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Area	Description
Knowledge:	 Knowledge of physiotherapy interventions aimed at maximising physical function and ability to undertake activities of daily living. Knowledge of relevant legislation and current thinking relating to social care provision, e.g. Care Act 2014, Health and Safety at Work etc. Knowledge of relevant legislation relating to manual handling and application to assessments and interventions. Knowledge of a range of equipment and its application e.g. hoists, walking aids. Understanding of issues relating to physical impairment in a medical and social context. Knowledge of the principles of rehabilitation. Knowledge of physical, mental health and cognitive conditions, and multipathology Awareness of the City Council's Equal Opportunities policy and its implications for the provision of therapy services. Understanding of clinical governance in relation to therapy professionals.



Skills and Abilities:

The post holder must be able to:

- listen to and receive information from Service users and their families / carers etc.
- give clear instructions to a range of people, e.g. staff and other professionals, Service users, carers and family.
- share information with staff, other professionals and agencies in an appropriate manner and following GDPR recommendations.
- prepare written reports, e.g. case records.
- deal with difficult situations sensitively.
- analyse statistical data.
- communicate effectively in a variety of ways, eg, verbal, written etc.
- use initiative and work autonomously.
- work as part of a team
- give clear direction to other team members to enable them to follow and implement the goal plan.
- organise self and enable others to do likewise.
- problem solve.
- undertake further training where required as part of the duties of the post.
- prioritise and organise own workload and assist other team members to do likewise.

Experience:

- Relevant post graduate experience of planning and implementing therapeutic intervention, particularly rehabilitation / enablement programmes.
- Experience of supervising staff / students (desirable but not essential)

Educational:

- Diploma or BSc in Physiotherapy.
- HCPC Registered.

Special Requirements:

This post is exempted under the Rehabilitation of Offenders Act 1974 and as such appointment to this post will be conditional upon the receipt of a satisfactory response to a check of police records via Disclosure and Barring Service (DBS).

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